

Erin Shaw

Writing Samples

Los Angeles Confidential Magazine *Fall Calls for Darker Spirits*

Angelenos who long for the joys of an autumnal nip in the air can celebrate the season with a hearty sipping spirit. “Fall and winter are great for darker spirits. As the weather

cools down, you tend to want richer flavors,” says Paul Clarke, a spirits expert and contributing editor at *Imbibe* magazine.

Choosing the perfect libation involves knowing the quality of the distillation, but after that it’s really up to your palate. “The big difference is how much... you can enjoy it on its own,” says bar manager Adam “George” Fournier of Steingarten LA in West Los Angeles.

Steeped in the folklore of old Kentucky, bourbon might just be America’s favorite spirit, and its increased global popularity is undeniable, with bourbon (and Tennessee whiskey) accounting for 70 percent of the \$1.1 billion in US spirit exports. Bridget Albert, a regional director of mixology for Southern Wine & Spirits, is not surprised by this upswing. “Simply put, bourbon is America’s spirit,” says Albert.

More: <https://la-confidential-magazine.com/fall-spirits-bourbon-scotch-cognac>

LOS ANGELES **CONFIDENTIAL**



Biz New Orleans Magazine *Bringing Water to the Desert*

New Orleans is famous for being one of the top food destinations in the country. But while thousands of tourists visiting each year fill their bellies with succulent Southern treats, Southeast Louisiana is actually considered a “food desert” by the Food and Drug Administration. The term is defined as a geographic area where affordable and nutritious foods are difficult to obtain, particularly for those without access to a car.

In her role as executive director and founder of the Recirculating Farms Coalition, Marianne Cufone is hoping to bring New Orleans out of the desert with her organization’s flagship project, the Growing Local New Orleans Community Garden.

Cufone is an environmental lawyer who works at Loyola University New Orleans College of Law. She is also a professional chef, trained at the Natural Gourmet Institute, and a healthy food advocate with over 15 years experience working in natural resources management, focused on oceans, fisheries, seafood and agriculture.

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NEW ORLEANS



“Recirculating Farms Coalition is a national nonprofit, and we work in communities all around the country, supporting the establishment of green jobs and bringing healthy, fresh food into neighborhoods using innovative water-based growing methods,” says Cufone. “We use hydroponics, aquaculture and aquaponics. We’re headquartered in New Orleans, and we offer training classes and other events at our garden in Central City.”

More: <http://www.bizneworleans.com/Biz-The-Magazine/June-2015/Bringing-Water-to-the-Desert/>

Daily Candy

Steal Away to New Orleans

Steal away for a weekend of sensory overload (in the form of food, drink, music, and history) in a Southern city with a heart of gold. All it takes is one visit to the Big Easy and you’ll develop a fierce, protective love. Eat lightly the week prior to going. From gumbo to oysters to fried shrimp po’boys; you’ll want to swallow NOLA whole.

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But if you live in the Midwest, or you’ve had the unique opportunity to visit the flyover states, then you know that Kansas City is one of the most beautiful in the region. The city has fine art, architecture, and music. It has more than 200 fountains, second only to Rome. It’s worth it for the barbeque alone

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More: <https://fathomaway.com/weekend-trip-to-kansas-city-mo/>

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